# ADOPT-A-MILE Safety Rules

## All Volunteers Must:

- Wear a bright-colored safety vest. Contact the Cherokee County Recycling Center to check out safety equipment.
- Park all vehicles clear of the roadway.
- Be at least 12 years old to participate in a cleanup.
- Furnish adequate supervision by one or more adults for groups that have participants 12 to 17 years of age. At least one (1) adult is required for every three (3) children under the age of 18.
- Pick up litter only during daylight hours.
- Not pick up litter on the road surface and shall stay at least 5 feet away from the edge of the pavement.
- Obey all safety rules and guidelines.
- Conduct a safety meeting for all participants prior to each cleanup.
- Be in good health with good sight and hearing.
- Place full bags near the road but not on the road.

#### **Volunteers Must Not:**

- Use or possess illegal drugs or alcohol during a cleanup.
- Pick up trash on bridges or overpasses.
- Pick up trash in a median.
- Pick up hazardous materials. (Notify the Cherokee County Recycling Center and tell them the location of the item(s)).
- Compact trash to fit more in the bag.

### For Your Safety:

- Wear light-colored clothing that covers arms and legs.
- Wear leather shoes or boots, a hat and safety glasses.
- · Wear sunscreen.
- Work in small groups.
- Face oncoming traffic when picking up litter and look up often to ensure that no vehicle is encroaching your work area.
- Stay clear of construction areas.
- Do not work in bad weather, especially when there is poor visibility and wet or icy roads.
- Drink plenty of fluids take breaks avoid overexertion.
- During colder months, wear layered clothing.
- Stay off loose stones and steep slopes.
- Be alert for snakes, stinging insects and poisonous plants.
- Carpool to the site to reduce the number of vehicles.
- Use proper lifting and bending techniques.

## In Case of Emergency:

- Every crew should have a first aid kit.
- Know the route to the nearest emergency room or hospital.
- Have at least one (1) cellular telephone with each work group.

For information, please contact the Cherokee County Recycling Center or Keep Cherokee Beautiful at 770-516-4195 or Cherokeega.com/Recycling-Center.

